

Week to 08/12/2022	Price change	Trend	Commercial				Large Speculators				Small Traders				Open Interest		Net Position - Commercials			26-weeks Position Extremes Commercial		COT Index
			Long	Change	Short	Change	Long	Change	Short	Change	Long	Change	Short	Change	Value	Change	Net	Change	Change	High	Low	
Indices																						
S&P500	3.36%	↓	1 785 298	-1 459	1 473 057	-20 563	227 064	-10 530	471 325	1 846	218 709	-2 032	286 689	4 696	2 299 388	0%	312 241	19 104	7%	312 241	-239 541	100%
NASDAQ	2.75%	↓	149 705	-68	150 872	-7 995	73 939	-979	52 864	2 658	30 221	-231	50 129	4 059	258 784	-1%	-1 167	7 927	-87%	34 036	-27 586	43%
RUSSELL	5.11%	↓	488 823	-9 021	371 360	-3 001	28 422	-2 302	141 289	-9 389	19 479	155	24 075	1 222	544 205	-2%	117 463	-6 020	-5%	123 998	26 059	93%
DOW E-MINI	3.08%	↓	44 527	-858	27 359	4 934	20 008	3 847	32 718	-1 864	10 357	104	14 815	23	75 394	4%	17 168	-5 792	-25%	29 756	7 263	44%
Bonds																						
30-YR T-BONDS	-0.40%	↓	896 500	-18 566	873 096	1 353	87 700	4 439	135 286	-4 028	168 639	3 921	144 457	-7 531	1 160 709	-1%	23 404	-19 919	-46%	43 870	-29 752	72%
10-YR T-BONDS	-0.05%	↓	2 824 549	-23 552	2 438 304	-27 180	269 699	30 261	556 177	21 249	344 919	-6 784	444 686	5 856	3 541 744	0%	386 245	3 628	1%	657 549	172 612	44%
Currencies																						
DOLLAR INDEX	-0.81%	↑	2 079	-728	44 178	-788	50 738	2 820	12 101	3 530	5 481	353	2 019	-297	59 639	5%	-42 099	60	0%	-31 969	-47 736	36%
EURO FX	0.69%	↓	394 543	2 702	380 141	3 820	200 088	8 396	234 624	4 121	78 944	-3 522	58 810	-365	692 398	1%	14 402	-1 118	-7%	18 656	-98 050	96%
SWISS FRANC	2.20%	↓	25 084	-3 991	5 620	-176	8 635	465	18 417	-3 061	9 414	957	19 096	668	43 202	-6%	19 464	-3 815	-16%	31 694	14 958	27%
BRITISH POUND	0.49%	↓	156 282	-15 684	104 232	4 843	42 219	12 914	76 687	-9 027	19 243	52	36 825	1 466	224 581	-1%	52 050	-20 527	-28%	97 042	2 874	52%
JAPANESE YEN	1.09%	↓	148 628	-8 705	111 634	4 555	52 333	1 900	77 365	-15 821	20 978	-4 380	32 940	81	225 834	-5%	36 994	-13 260	-26%	131 902	36 994	0%
CANADIAN DOLLAR	1.28%	↓	59 798	443	89 541	-221	46 898	-1 444	25 675	-2 390	33 808	-1 585	25 288	25	143 646	-2%	-29 743	664	-2%	12 591	-39 338	18%
AUSTRALIAN DOLLAR	3.04%	↓	109 593	-5 548	50 152	-2 865	25 644	-5 191	83 232	-3 553	19 378	1 515	21 231	-2 806	158 100	-6%	59 441	-2 683	-4%	97 684	17 876	52%
NEW ZEALAND	3.55%	↓	24 700	-720	20 656	94	18 224	1 703	18 500	406	2 239	-381	6 007	102	45 350	0%	4 044	-814	-17%	22 703	-2 069	25%
MEXICAN PESO	3.15%	↓	88 036	3 152	63 314	-874	95 572	-5 843	123 193	-1 275	5 991	214	3 092	-328	189 988	-2%	24 722	4 026	19%	27 890	-55 194	96%
Energy																						
CRUDE OIL	3.78%	↑	636 980	20 239	875 053	-14 554	338 172	-23 638	127 521	19 463	76 995	2 639	49 573	-5 669	1 570 131	-2%	-238 073	34 793	-13%	-238 073	-410 955	100%
GASOLINE	6.89%	↑	122 093	3 407	172 347	-3 634	74 516	-4 268	29 010	1 044	18 926	-74	14 178	1 655	250 399	-1%	-50 254	7 041	-12%	-32 693	-74 709	58%
HEATING OIL	9.61%	↑	149 372	3 528	185 844	4 611	45 620	-885	21 156	-3 281	40 817	-12	28 809	1 301	283 749	3%	-36 472	-1 083	3%	-4 119	-36 472	0%

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NATURAL GAS	9.68%	↑	404 077	9 706	317 343	10 568	169 972	-4 557	295 391	-4 111	67 512	889	28 827	-419	969 582	-2%	86 734	-862	-1%	107 446	59 679	57%
Metals																						
GOLD	1.48%	↓	121 980	-5 720	276 534	13 269	242 906	778	100 055	-17 747	37 927	446	26 224	-18	453 540	-1%	-154 554	-18 989	14%	-108 422	-306 946	77%
SILVER	4.91%	↓	56 876	1 340	70 450	5 850	48 864	-356	45 985	-2 261	24 122	1 924	13 427	-681	141 093	4%	-13 574	-4 510	50%	-2 653	-69 609	84%
PLATINUM	3.38%	↓	24 450	-2 101	28 505	246	27 754	-894	26 908	-4 281	6 803	-870	3 594	170	62 782	-8%	-4 055	-2 347	137%	1 235	-32 358	84%
PALLADIUM	4.30%	↓	4 482	82	2 438	781	1 331	366	3 301	-224	1 191	140	1 265	31	7 619	10%	2 044	-699	-25%	4 511	-563	51%
COPPER	3.62%	↓	85 085	638	57 385	610	49 477	-840	77 954	231	14 822	1 392	14 045	349	187 988	2%	27 700	28	0%	31 340	-43 039	95%
Grains																						
SOYBEANS	3.23%	↑	315 133	5 539	378 104	2 878	148 533	2 000	59 632	5 626	35 744	-1 220	61 674	-2 185	583 208	2%	-62 971	2 661	-4%	-57 573	-196 755	96%
SOYBEAN MEAL	3.03%	↑	163 088	5 669	298 284	8 693	123 666	4 324	11 490	1 924	45 224	-1 405	22 204	-2 029	405 706	3%	-135 196	-3 024	2%	-100 729	-159 488	41%
SOYBEAN OIL	6.54%	↓	223 354	7 952	259 326	12 319	69 604	2 386	38 597	1 760	26 755	2 350	21 790	-1 391	398 288	7%	-35 972	-4 367	14%	-23 477	-127 399	88%
CORN	5.01%	↓	639 748	-7 594	800 402	3 626	349 498	3 015	138 712	-6 416	126 594	2 944	176 726	1 155	1 317 913	-2%	-160 654	-11 220	8%	-138 899	-470 715	93%
WHEAT	3.61%	↔	125 605	-2 179	115 666	-1 230	96 022	215	99 448	2 916	31 241	3 260	37 754	-390	320 767	1%	9 939	-949	-9%	10 888	-26 020	97%
ROUGH RICE	-1.06%	↑	3 902	-27	6 575	648	2 914	667	1 484	-151	1 989	-83	746	60	8 893	7%	-2 673	-675	34%	-1 441	-3 833	48%
Softs																						
COTTON	12.96%	↑	87 092	-1 508	126 098	-1 386	67 046	-355	30 823	585	12 137	798	9 354	-264	186 992	0%	-39 006	-122	0%	-38 884	-104 282	100%
COFFEE	8.88%	↑	114 888	1 209	146 156	4 509	46 419	1 899	15 966	-1 270	8 350	197	7 535	66	209 446	1%	-31 268	-3 300	12%	-27 968	-75 230	93%
COCOA	3.86%	↓	146 523	2 368	144 371	280	92 797	10	98 359	3 615	14 847	1 924	11 437	407	310 066	-2%	2 152	2 088	3 263%	5 287	-53 823	95%
SUGAR	3.68%	↓	416 052	12 733	446 660	8 112	174 128	-8 356	148 063	17	68 341	3 143	63 798	-609	765 669	1%	-30 608	4 621	-13%	-30 608	-301 628	100%
ORANGE JUICE	-0.44%	↑	4 240	-133	9 261	536	4 720	996	947	275	1 965	-19	717	33	11 207	6%	-5 021	-669	15%	-3 740	-6 920	60%
LUMBER	23.91%	↓	1 310	277	241	17	275	-63	1 429	317	854	21	769	-99	2 702	16%	1 069	260	32%	1 069	-569	100%



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Meats																						
LIVE CATTLE	0.38%	↑	96 302	-1 848	143 755	8 578	96 027	7 482	47 445	-4 211	32 141	1 044	33 270	2 311	256 928	3%	-47 453	-10 426	28%	-18 566	-69 675	43%
FEEDER CATTLE	-0.29%	↑	13 758	550	7 822	634	11 829	446	11 645	193	7 200	143	13 320	312	43 361	6%	5 936	-84	-1%	9 039	4 174	36%
LEAN HOGS	1.68%	↑	76 050	487	119 944	12 521	95 556	8 940	45 359	-1 540	23 171	2 273	29 474	719	236 179	7%	-43 894	-12 034	38%	202	-56 167	22%
Other																						
BITCOIN	5.66%	↓	439	-315	510	0	9 294	-446	9 524	-797	1 034	-51	733	-15	12 510	-3%	-71	-315	-129%	244	-995	75%
VIX FUTURES	4.20%	↑	208 085	5 543	104 981	8 410	41 377	1 935	139 572	1 292	25 269	458	30 178	-1 766	341 699	6%	103 104	-2 867	-3%	105 971	48 156	95%

Futures, foreign currency and options trading contains substantial risk and is not for every investor. An investor could potentially lose all or more than the initial investment. Risk capital is money that can be lost without jeopardizing one's financial security or lifestyle. Only risk capital should be used for trading and only those with sufficient risk capital should consider trading. Past performance is not necessarily indicative of future results. View Full Risk Disclosure.CFTC Rules 4.41 - Hypothetical or Simulated performance results have certain limitations, unlike an actual performance record, simulated results do not represent actual trading. Also, since the trades have not been executed, the results may have under-or-over compensated for the impact, if any, of certain market factors, such as lack of liquidity. Simulated trading programs in general are also subject to the fact that they are designed with the benefit of hindsight. No representation is being made that any account will or is likely to achieve profit or losses similar to those shown.

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